

# Conversations & Craft

Interested in attending a comprehensive Ethics workshop this year? The WPCA board is evaluating options for new CEU events and we want your input!

Join the conversation at [wpcawa.com](http://wpcawa.com)



Fall Spectrum in the Tatoosh Range.  
Mount Rainier National Park

## Announcing

### The Fall 2010 Lineup: WPCA Continuing Education

This Fall, WPCA is pleased to sponsor two exceptional continuing education events led by three of Seattle's most experienced and distinguished therapists.

#### School for Mystics

Sunday, October 3  
Location: Seattle (Lake Union area)

Long-time collaborators and spiritual directors Barbara Fischer, MSW, and Melissa Gayle West, M.S., kick off the second year of their singular, three-quarter *School for Mystics* curriculum. Attendees of this 9-month program will receive 45 CEU credits while exploring mysticism from multicultural and inter-religious perspectives—East, West, indigenous people and contemporary science.

*School of Mystics'* Year 1 curriculum is comprised of three, quarter-long modules—Fall: *Opening the Door*; Winter: *Coming Home*; Spring: *Engaging the World*— and includes readings, practices and tools to help students discern mysticism's meaning for themselves and actively integrate it into their lives and their work.

2010's Fall quarter begins with a 4-hour mini-retreat/dinner on October 3rd, and continues every other Sunday, 3-6 pm for a total of 5 sessions. Class attendance is limited so, please visit [schoolformystics.com](http://schoolformystics.com) for more information.

#### Energy Psychology,

(part 1 of 2)  
Saturday, November 13  
Location: TBD

On Saturday November 13, Wayne McCleskey, M.Th., will lead the first of a two-part education series on Energy Psychology, effective for client issues including anxiety, fears, PTSD, anger, grief and self-esteem.

Part I will introduce attendees to the basics, including "energy testing" (a way to bypass the brain and communicate directly with a client's energy system) and a series of corrective "energy fitness" exercises that clients can do on their own to counter-balance common difficulties and build self esteem. Part I course is intended to be an introduction and underpinning for the follow-up, two-day Part II workshop on Thought Field

#### WPCA 2010 Workshops/Events

##### UPCOMING

Sunday Oct. 3, 2010  
**School for Mystics  
Fall Quarter begins**

Sunday Oct. 24, 2010  
**WPCA Board Meeting**

Saturday Nov. 13, 2010  
**Energy Psychology, Pt I**

##### RECENT

Passing the Craft 02/20/10

Psyche & Sky 04/17/10

and Energy Psychology to be held Spring 2011.

Wayne's Part II course will provide attendees a greater sense of confidence and competency using the methods in their practice, answer questions that have emerged between the two sessions, and introduce students to energy-based diagnostic procedures for treating psychological problems that clients' bring to therapy.

Please visit [wpcawa.com](http://wpcawa.com) for more information.

Read our round-up of  
Spring 2010  
CEU events on p. 3

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## Get to Know Your WPCA Board: Desiree Turner

WPCA encourages members to actively participate in our board. For the next several issues, we'll be featuring profiles of current board members to let you know who they are, and why they serve.

My name is Desi and have been on the WPCA board for hmmm...let's see....about 5 years now. I started by Pastoral Counseling exploration when I attended Jerry Smith's "Wellness-Based Counseling" and "Psychology of Religion" classes as a graduate student at the University of Puget Sound.

My therapy style is influenced with teaching people meditation and relaxation techniques as they face challenging situations, like parenting difficulties, the impact of early trauma, and healing attachment disruptions.

I am a newly licensed counselor and recently started my own practice, focusing on Play Therapy with kids and their parents. My new pastime is hunting for small figures for the sand tray my husband built for me to use in my practice (it's addicting. If you have a small two-headed dragon

you are willing to part with, please let me know!).

Hmmm, all of this job talk is boring. What do I do for fun? Well, this summer my family and I have been touring the Northwest in our little "egg shaped" travel trailer (named "Great Eggspectations, of course!). We love to camp at Mt. Rainier, the Olympics and the Oregon Coast. My husband is English, so we end up traveling there every so often. If you can't find me on a beach, a mountain or in England for

vacation, I'll probably be in Disneyland with my twins, Silas and Shelby (see photo). They will start first grade soon and are rocking their world.

I am a member of the co-counseling community ([rc.org](http://rc.org)) and attend weekly to stay on an even(ish) keel. I like to run. I should say I tolerate running. I'm toying with the idea of running my first half-marathon in the Fall. Well, that's a little about me. I hope to meet some of you soon. Ta!



Desi with her twins Shelby (left) and Silas, visiting Huntington Beach

*Serving on the WPCA board has "helped me meet the needs of clients who bring religious/spiritual perspectives into their counseling"*

- Desi Turner

### WPCA 2010-2011 Board Members:

Jerry Smith, *President*  
Jesalyn Kimura, *VP*

**Desiree Turner,**  
*Treasurer Designate*

Amanda Brandon,  
*Treasurer*

Barbara Bauml,  
*Board Member*

Terie Clement,  
*Newsletter & Website*

### **Recent Pastoral Counseling graduates:** University of Puget Sound

In conjunction with WPCA, the University of Puget Sound's School of Education offers master's-level training in pastoral counseling. The program's most recent graduates are Barbara Bauml, summer 2009, and Terie Clement, summer 2010.

Barbara has opened a counseling office in Lakewood where she works with individuals and couples. She enjoys the work and is working on building her practice. Referrals are welcome as she works towards

her LMHC credential. Contact Barbara at 253-381-7956.

Terie recently accepted a position with the Institute for Family Development as a HomeBuilders therapist for Snohomish county. She is relocating this fall from Tacoma to Edmonds and is eager to become acquainted with Snohomish therapists. You can reach her at [teriec@gmail.com](mailto:teriec@gmail.com), or 206-403-8428.



**Barbara Bauml,**  
M.Ed.



**Terie Clement,**  
M.Ed.

## Round-up: Spring 2010 WPCA Events/Workshops (continued from page 1)

Last Spring WPCA sponsored two area workshops—the 2010 Supervision Workshop: **“Passing on the Craft,”** in collaboration with the Washington Association for Marriage and Family Therapy, and **“Psyche and Sky: An Introduction to Astrology for Therapists”** a workshop led by Dan Keusal, M.S.

**“Passing the Craft”** used a lively, innovative set up to illustrate how supervision and therapy values and practices are experientially shared between mentors and mentees. Facilitated by Barbara Fischer, MSW, attendees observed and participated in fishbowl conversations between four generations of therapists – starting with Merle Jordan, who served as Doug Anderson’s supervisor and

mentor at Boston University and in turn impacted Doug’s supervision of Brian Kennedy, as well as Brian’s current supervision of Julia Bagley. Attendees earned 6 CEU credits.

At the April 17th **“Psyche and Sky”** workshop, Seattle therapist Dan Keusal introduced attendees to astrology as a tool for facilitating self-awareness and healing, and the underlying principles and methods astrology shares with family systems, depth psychology, and other forms of therapy. Using attendees’ personal birth charts, Dan discussed ways therapists can use astrology to help clients identify and move beyond entrenched habits and patterns, and support their key developmental tasks. Attendees earned 5 CEUs credits.

*“(Dan Keusal) broke down a massive amount of material... (and) was super helpful about realistic application of these ideas. He is an interesting and engaging speaker”*

- Jesalyn Kimura,  
Psyche and Sky  
attendee

Credentialing is not for everyone — Jerry Smith has posted a viewpoint on this topic at the WPCA online Member’s area. Read his thoughts and share your own experiences and practice tips [now!](#)

Join our conversation  
at [wpcawa.com](http://wpcawa.com)

### This week’s Tip Maker:

Desi Turner, is still trying to figure out how to make a go of the private practice she started in July 2010.

### Practice Tips: Getting Credentialed & Contracting

We’re introducing “Practice Tips” as a regular newsletter feature where WPCA members can share tips/tricks of the trade. Please drop us a note at [wpcawa.com](http://wpcawa.com) if you have a tip you’d like to share!

Seeing clients is one thing, getting paid is quite another. I’m still getting credentialed and the paperwork is overwhelming. I have found the web site [onehealthport.com](http://onehealthport.com) to be useful with getting on the different insurance plans.

Onehealthport.com is a clearinghouse for the major insurance plans in Washington State. It also looks like it has even bigger ambitions...

including a link to [officeally.com](http://officeally.com) ([officeally.com](http://officeally.com) handles claims electronically for free or a low fee....more on [officeally.com](http://officeally.com) in a future newsletter!).

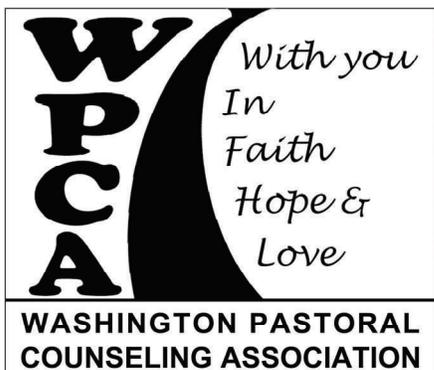
Onehealthport.com also has a program to help with paperwork/notes (okay, who needs help with paperwork/notes, NOT ME <cough, cough, insert embarrassed emoticon here>). You have to register to use the [onehealthport.com](http://onehealthport.com), but it is free. Check it out and let me know what you like or don’t like about it. Good luck!

- **Desi Turner, M.S., M.Ed.**

**WPCA  
MISSION**

WPCA advocates for persons who practice pastoral counseling or who support and affirm this ministry. We promote the common good of pastoral counselors and their practices in Washington State. We promote the spiritual, psychological, social, and relational health and well being of persons. We promote professional standards in the practice of pastoral counseling. We advocate for keeping maximum responsibility with pastoral counselors and their religious bodies.

We're on the web: [wpcawa.com](http://wpcawa.com)



5236 N. 10th St  
Tacoma , WA 98406

**Washington Pastoral Counseling Association**

**Dues/Donation Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone:(\_\_\_\_) \_\_\_\_\_

Enclosed is my dues of \$25 (student) or \$50 (professional member)

I would like more information about: \_\_\_\_\_

Please offer the following program: \_\_\_\_\_

Enclosed please find my donation of: \$ \_\_\_\_\_

**Send your dues to:** Jerry Smith  
5236 N. 10th St.  
Tacoma, WA 98406